



Falling For Punch Mug Rugs

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EASY

SIZE

Finished Size about
4.75" /12 cm x 4.75" /12 cm

MATERIALS

Total for all four mug rugs:

- VIOLET JANE RUG YARN (# 5 chunky/rug weight; 100% wool yarn; 4oz/55 yds/113g per hank) in: Cranberry Sauce (0.75 oz/21 g), Dark Roast (1.75 oz/50 g), Desert Sands (1 oz/30 g), Smokey Extra Light (1.4 oz/40 g), Spinach Leaf (1 oz/30 g), Tangelo (2.25 oz/64 g)
- Oxford 100% cotton monk's cloth
- Oxford Punch Needle #9 or #10 Regular (sample was punched with a #9 Regular)
- Gripper Frame or No-Slip Hoop
- Frame Cover
- Stitch Gauge
- Scissors

NOTES

Punching is done from the "back" of the piece. The "front" of the finished piece is the side where the loops are formed.

Patterns are reversed to take into account working from the back. Color maps are also reversed to make them easier to follow during punching!

Preparing Your Pattern:

- If your monk's cloth is not already pre-serged, prepare it for punching by serging or zig zag stitching the edges to prevent fraying.
- Tape your printed pattern to a light table or bright window.
- Place monk's cloth over the pattern, and position so the design is centered.
- Tape in place.
- Trace the design onto the cloth using a black permanent marker.
- Leave a minimum of 4" / 10cm between patterns when tracing to allow for hemming.

Putting the Pattern on Your Frame:

- You'll be punching on the "back" of the piece and the side where the loops are formed will be the finished front.
- Stretch the monk's cloth over your hoop or frame with the traced pattern facing you.
- Ensure the cloth is as tight as you can make it. It should be drum-tight as loose cloth leads to uneven loops.
- Avoid warping the design; keep pattern lines straight and square, and the circle circular when stretching.

| Stitch Type | Stitch Density | Where to Use |
|--------------------------------------|----------------|---|
| Outlines, single lines, outer 2 rows | 6 SPI | Outlining motifs & edges |
| Filling motifs & backgrounds | 4 SPI | Solid areas of design |
| Rows per inch | ~7 rows | Stagger rows slightly to 'stack stitches like bricks' |

Order of Punching:

- **Borders and Outlines First:** Punch outer 2 rows of borders and the motif outlines using 6 SPI
Tip: Start/stop along edges—not corners — to avoid tails sticking out.
- **Details:** Punch single lines, and small inner details using 6 SPI.
- **Motifs:** Fill in the motifs using 4 SPI.
- **Background:** Fill in the background areas using 4 SPI.

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Punching Technique Tips:

- Always push the punch needle down all the way into the backing until it reaches the wooden handle.
 - When pulling up to make the next stitch, allow the needle tip to glide along the cloth—don't lift it up above.
 - Keep the channel side of the needle facing the direction you're punching.
 - For corners, turn the needle while it's still punched down in the monk's cloth.
 - Rows of stitches should just gently touch—avoid large gaps ("holidays").
 - Never jump over existing stitches—end and restart elsewhere if needed.
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Stopping and Starting a New Area:

- To end a color, pinch the yarn as you lift your needle tip above the monk's cloth approximately 0.5 in/1.25 cm.
 - Trim the yarn so that about 0.25 in/0.64 cm is sticking up above the monk's cloth.
 - With closed scissors, poke the end (tail) through to the other side.
 - Trim the tail on the other side so it is the same height as your loops. It won't come undone or show, providing it is cut to the same height.
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Problem Solving:

- Turn your work over regularly to make sure your loops are all the same height on the right side.
 - Uneven loops may mean that the needle is not punched fully down and/ or the needle lifted too high between stitches.
 - Slight inconsistencies in loop height are okay. Final pressing will flatten it out.
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Finish Up!:

- Check all yarn tails are on the loopy side. Poke through any stray ones.
 - Trim tails flush with loop height; tidy any that hide among loops and trim any overly tall loops to the same height as others.
 - Note: It is normal for your rug to look very messy on the loopy side at this stage.
To fix this, poke misplaced loops into the correct spot so the design becomes clear.
 - Steam press
 - Lay a cold, wet towel over the rug.
 - Press with iron for 10–15 seconds per spot.
 - Steam pressing evens loop height and flattens your piece.
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Final Steps:

- Hem your piece.
 - Steam press again for a polished finish.
 - Enjoy your new punched project!
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Want to Learn More?

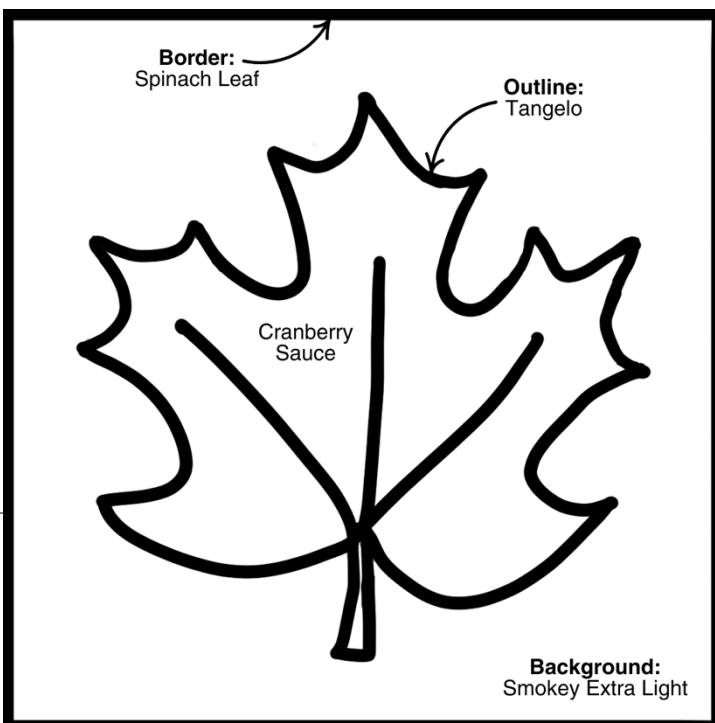
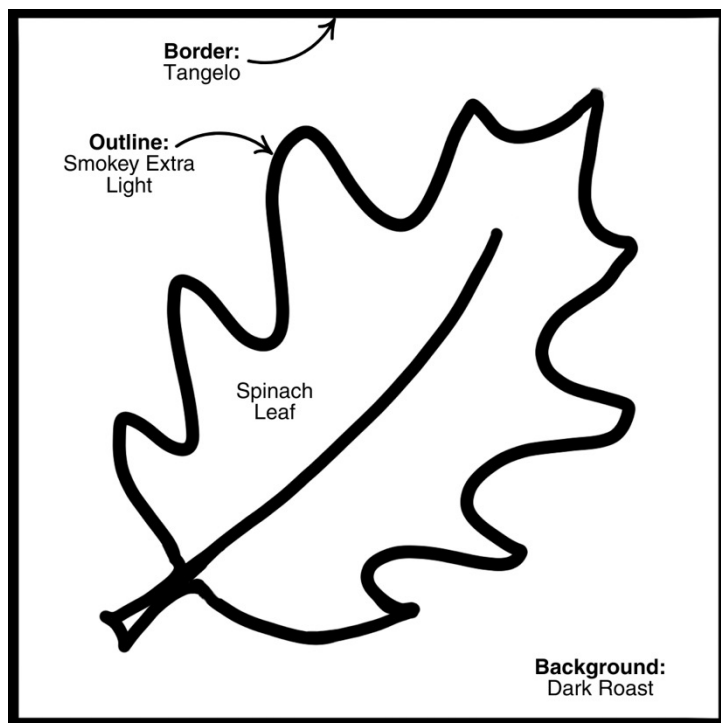
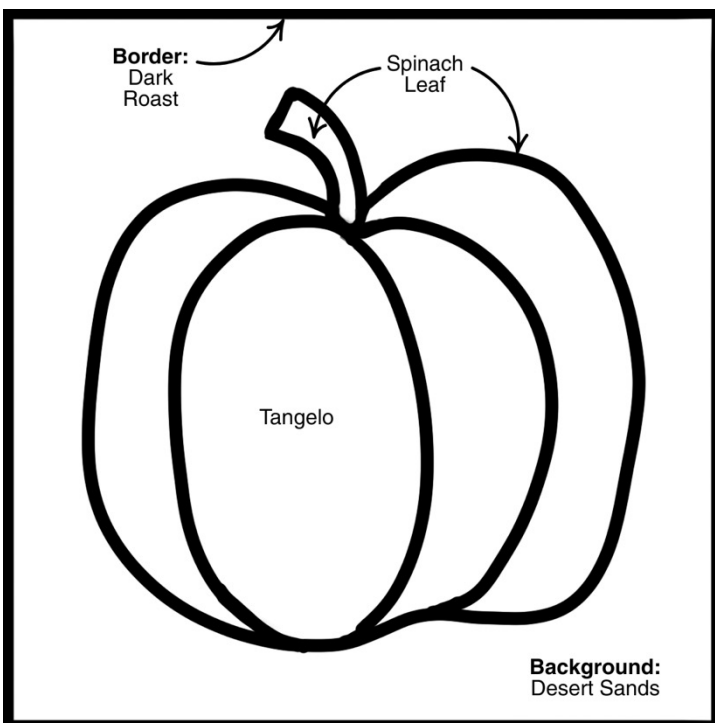
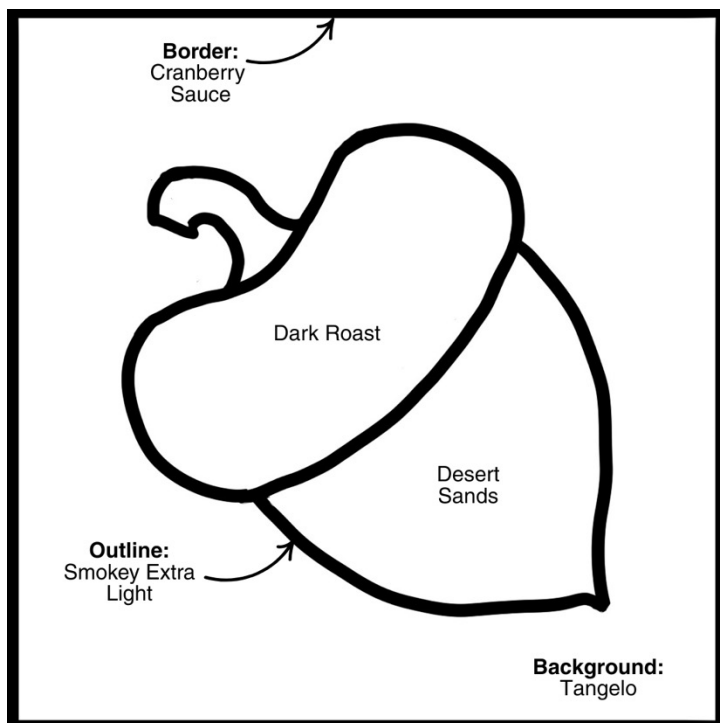
Helpful video tutorials can be found online at amyoxford.com, or check out the online classes offered at

The Oxford Rug Hooking School: amyoxford.com/pages/oxford-rug-hooking-school

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Falling for Punch Mug Rug: Color Placement Maps

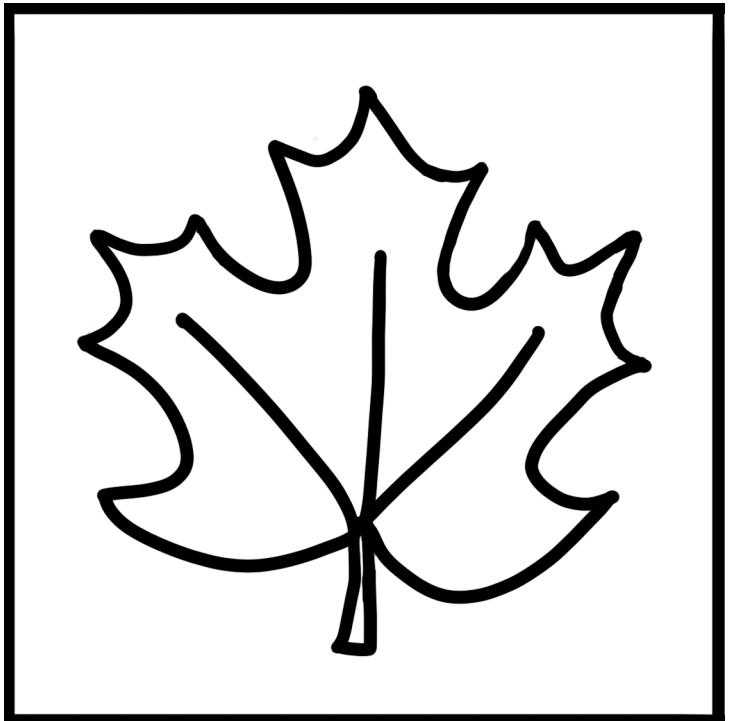
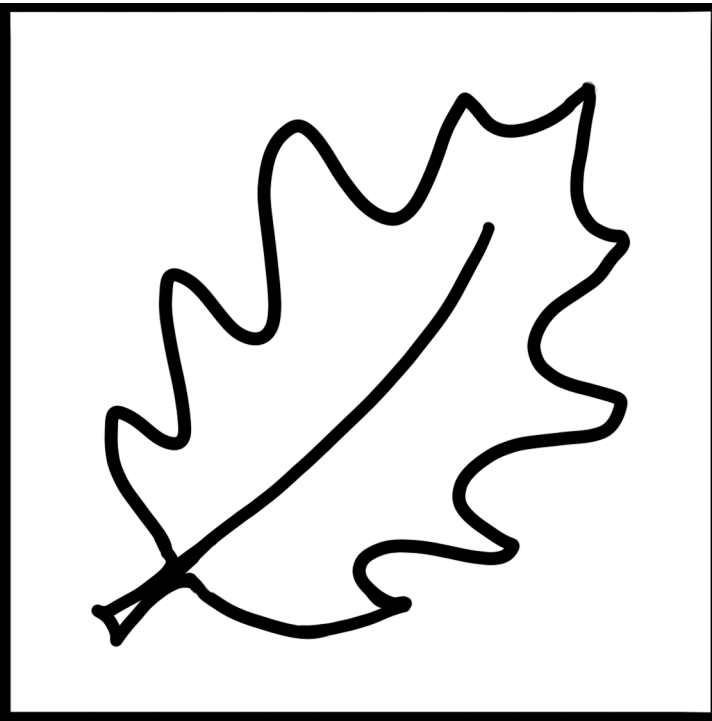
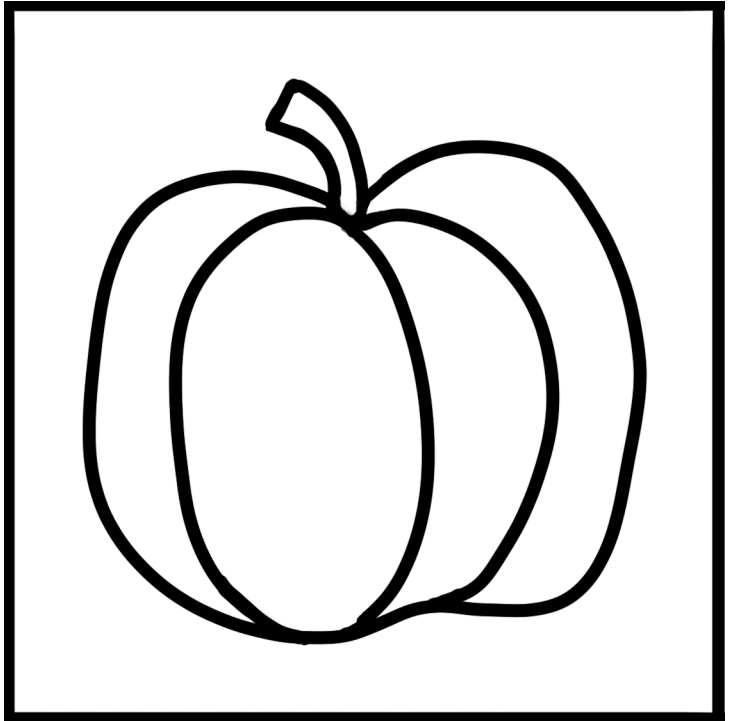
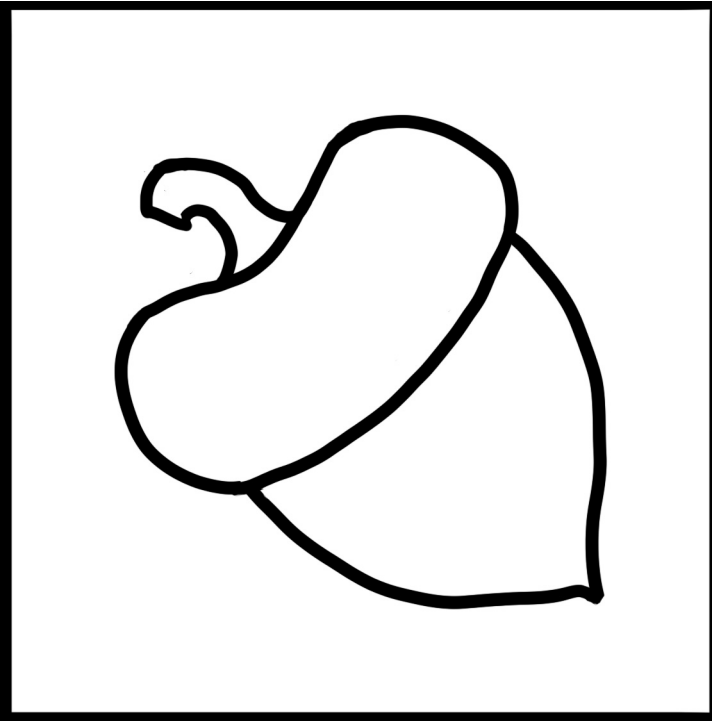


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Falling for Punch Mug Rug: Patterns

Leave a minimum of 4" between patterns when tracings to allow for hemmings.



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